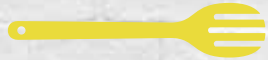


WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Chilli No Carne with Crispy Tortilla 🌱❤️ Served with Wholegrain Rice	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake 🌱❤️ Served with Garlic and Herb Bread	Battered Fish Served with Chips
	BBQ Quorn Fillet 🌱 Served with Wholegrain Rice	Quorn Sausages 🌱 Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice 🌱 Served with Roast Potatoes and Gravy	Vegetable Bolognese 🌱🌱 Served with Wholemeal Pasta and Garlic and Herb Bread	Veggie Fingers 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes ❤️ with a choice of hot and cold fillings 🌱	Jacket Potatoes ❤️ with a choice of hot and cold fillings 🌱	Jacket Potatoes ❤️ with a choice of hot and cold fillings 🌱	Jacket Potatoes ❤️ with a choice of hot and cold fillings 🌱	Jacket Potatoes ❤️ with a choice of hot and cold fillings 🌱
Tomato Pasta Fresh, homemade tomato sauce with penne pasta 🌱🌱					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices 🌱	Banana Cake	Sicilian Lemon Cookie with Fruit 🌱	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

PACKED LUNCH
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

THREE WEEK MENU

AUTUMN/WINTER 2024



Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03



WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese ✓	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
HOT MAINS	Vegetable Korma ✓ Served with Wholegrain Rice	Quorn Burger ✓ Served with Pasta Salad	Roast Quorn ✓ Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Veggie Fingers ✓ Served with Chips
JACKET POTATO	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta ✓					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Oat Cookie with Fruit	Pineapple Upside Down Cake with Custard	Flapjack with Fruit	Chocolate Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Sweet Potato Curry ✓ Served with Wholegrain Rice	Beef Bolognese Served with Wholewheat Pasta	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Fish Fingers Served with Chips
HOT MAINS	Vegetable Fajita ✓ Served with Wholegrain Rice	Vegetarian Bolognese ✓ Served with Wholewheat Pasta	Winter Vegetable Hotpot ✓ Served with Gravy	Cheesy Vegetable Pie ✓ Served with Gravy	Quorn Dippers ✓ Served with Chips
JACKET POTATO	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings	Jacket Potatoes ✓ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta ✓					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Strawberry Ice Cream

PACKED LUNCH
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

✓ Vegetarian 🐟 Oily Fish 🌾 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice