

Life To The Full Progression of Skills

Primary – EYFS: Nursery/Reception

Ten:Ten
Resources



Module 1		Notes
Religious Understanding	Children can express that: <ul style="list-style-type: none">• We are created individually by God as part of His creation plan• We are all God's children and are special• Our bodies were created by God and are good• We can give thanks to God	
Me, My Body, My Health	Children can express that: <ul style="list-style-type: none">• We are each unique, with individual gifts, talents and skills• Whilst we all have similarities because we are made in God's image, difference is part of God's plan• That their bodies are good and made by God• The names of the parts of the body (not genitalia)• That our bodies are good and we need to look after them• What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene	
Emotional Well-being	Children can express that: <ul style="list-style-type: none">• That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)• That it is natural for us to relate to and trust one another• A language to describe their feelings• An understanding that everyone experiences feelings, both good and bad• Simple strategies for managing feelings• Simple strategies for managing emotions and behaviour• That we have choices and these choices can impact how we feel and respond.• We can say sorry and forgive like Jesus	
Life Cycles	Children can express that: <ul style="list-style-type: none">• That there are natural life stages from birth to death, and what these are - typically naming baby, child, adult	

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Module 2		Notes
Religious Understanding	<p>Children can express that:</p> <ul style="list-style-type: none"> • We are part of God's family • Jesus cared for others and wanted them to live good lives like Him • We should love other people in the same way God loves us 	
Personal Relationships	<p>Children are able to describe:</p> <ul style="list-style-type: none"> • Special people (e.g. parents, carers, friends) and what makes them special • The importance of the nuclear family and of the wider family • The importance of being close to and trusting of 'special people' and telling them is something is troubling them • How their behaviour affects other people and that there is appropriate and inappropriate behaviour • The characteristics of positive and negative relationships • Different types of teasing and that all bullying is wrong and unacceptable • When they have been unkind to others and say sorry • That when we are unkind, we hurt God and should say sorry • When people are being unkind to them and others and how to respond • That we should forgive like Jesus forgives. 	
Keeping Safe	<p>Children can explain:</p> <ul style="list-style-type: none"> • About safe and unsafe situations indoors and outdoors, including online • That they can ask for help from their special people • That they are entitled to bodily privacy • That they can and should be open with 'special people' they trust if anything troubles them • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest • That medicines should only be taken when a parent or doctor gives them to us • That medicines are not sweets • That we should always try to look after our bodies because God created them and gifted them to us • That there are lots of jobs designed to help us • That paramedics help us in a medical emergency • That First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance 	

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Module 3		Notes
Religious Understanding	Children can express: <ul style="list-style-type: none">• That God is love: Father, Son and Holy Spirit• That being made in His image means being called to be loved and to love others• What a community is, and that God calls us to live in community with one another• Some Scripture illustrating the importance of living in a community• That no matter how small our offerings, they are valuable to God and He can use them for His glory	
Living in the Wider World	Children can express: <ul style="list-style-type: none">• That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community• That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.• That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)• About what harms and what improves the world in which they live	