

Newsletter 3

Easter 2025



St Mary's Catholic Primary School
Mongleath Road
Falmouth
TR11 4PW
01326 314540
administrator@st-marys-
fal.cornwall.sch.uk

Dear Parents and Carers,

The term that started with ice, storms and threats of snow is finishing with sunshine and sunglasses!

It's been a wonderful term filled with fantastic learning opportunities, sporting events, musical performances, fun, flowers and friendship. I am incredibly proud of how our children have lived out our school's values each day.

And, as always, grateful for the dedicated work of the staff team and for your support and encouragement. On a personal note, I was humbled by your kind messages and good wishes following the news that I would be leaving after the Summer term. Thank you to you all.

As we approach the celebration of Easter, we take a moment to reflect on the themes of hope, renewal, and the promise of new beginnings. We also prepare ourselves for all the fun of the Summer term!

I would like to take this opportunity to thank our staff, governors, and families for their continued support and dedication to our school community. I wish you all a restful and blessed Easter, filled with peace and joy
Happy Easter!

Mr T Moran
Headteacher

Upcoming PTA Dates

Fri 4 Apr	Easter Egg Hunt Tuck Shop
Fri 25 Apr	Coin Trail
Fri 2 May	Dress Down Day*
Tue 6 May	Bags2School Collection
Fri 9 May	Dress Down Day*
Fri 16 May	Dress Down Day*
Fri 23 May	Dress Down Day*
Fri 6 June	Summer Fare •
Fri 18 July	Rainbow Run Raze the Roof
Tue 22 July	Tuck Shop

*Summer Fair Donations TBC



Congratulations to everyone who participated in the cross country event at Falmouth School. You all performed excellently and represented the school brilliantly.

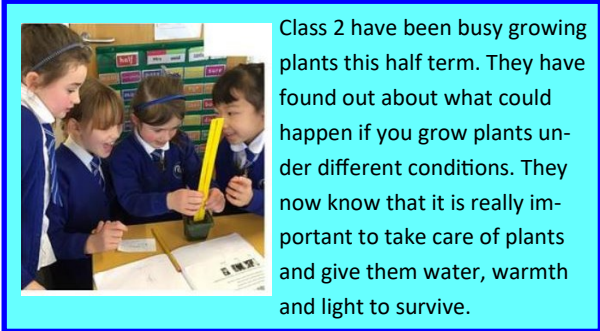
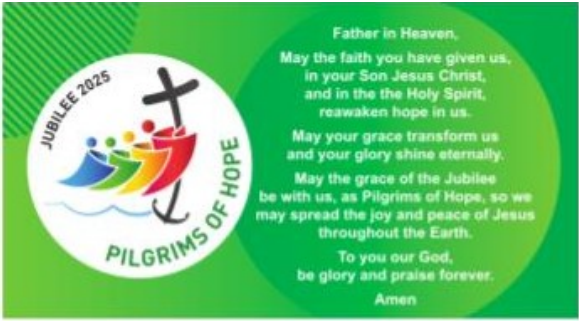
We're so proud of you all!

March
Mon 31st-Tues 1st April Parent Consultations
April
Tues 1st Y1 & Y3 Glendurgan Trip
Tues 1st Y2 Trelissick Gardens Trip
Weds 2nd—End of Term Mass
Thurs 3rd Y4 Brass performance 11.15am
Fri 4th Easter Trail & Dress Down
Mon 7th—Mon 21st EASTER HOLIDAYS
Weds 16th Reception admissions 2025 Offer Day
Thurs 24th Governors Meeting
Fri 25th PTA Coin Trail
Tues 29th RNLI Meet the Lifeguard
May
Thursday 1st Polling Day (school open as normal)
Fri 2nd Dress Down Day
Mon 5th BANK HOLIDAY
Tues 6th May Bags 2 School PTA Collection
Fri 9th Dress Down Day
Mon 12th-Thurs 15th Y6 SATs
Fri 16th Dress Down Day
Fri 23rs Dress Down Day
Mon 26th-Fri 30th HALF TERM June
Mon 2nd INSET DAY (School closed)
Fri 6th PTA Summer Fair
Sun 8th First Holy Communion—St Mary's Church
Mon 9th-Weds 11th Y5 Residential
Mon 16th Tempest Class photos
Tues 17 th – Fri 20 th Y6 London Trip
Mon 23rd Sports Day
Weds 25th Reception new intake Induction
Thurs 26th Reception new intake Induction
Thurs 26th-Fri 27th Falmouth School Induction
Mon 30th Penryn College Induction
July
Tues 1st Sports Day (reserve date)
Weds 2nd Reception new intake Induction
Thurs 3rd Reception new intake Induction
Thurs 3rd-Fri 4th Y4 Residential
Weds 9th Reception new intake Teddy Bear's Picnic & Welcome Meeting
Mon 21st PTA Rainbow Run
Weds 9th Reception new intake Welcome Meeting 3.30pm
Weds 23rd LAST DAY OF TERM
All Parents are very welcome to attend every:- Monday 2.45pm School Liturgy Friday 2.45pm Celebration Assembly



What is a Jubilee Year?
 In the Catholic Church, a Jubilee or Holy Year is a special year of forgiveness and reconciliation, in which people are invited to come back into right relationship with God, with one another, and with all of creation.

What is the theme of the Jubilee Year in 2025?
 The theme is Pilgrims of Hope. Pope Francis has invited Catholics to renew our hope and discover a vision that can "restore access to the fruits of the earth to everyone". We are also invited to rediscover a spirituality of God's creation in which we understand ourselves as "pilgrims on the earth" rather than masters of the world.



Class 2 have been busy growing plants this half term. They have found out about what could happen if you grow plants under different conditions. They now know that it is really important to take care of plants and give them water, warmth and light to survive.

CAFOD Catholic Agency for Overseas Development

Young children have a hard time understanding Lent. One way of explaining Lent is that it's a time to bring us closer to God. The church encourages prayer, fasting and almsgiving during this period. During this time, we attempt to incorporate activities in our daily lives which will strengthen us.

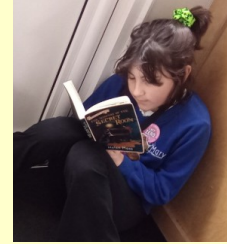
Many people "give up" something important to them for the 40 days of Lent. To learn how to sacrifice or give up things is a way of learning unselfishness. This year we are inviting you to donate to CAFOD donations can help families who are threatened by climate change and ongoing conflicts. Your support can help these families to rebuild their lives and prepare for a brighter future.

So, on **Friday 4th April** we will be holding our annual Easter Trail. On this day, the children can wear home clothes and send a donation to CAFOD.

Please see the link to donate, as we are no longer accepting cash payments

<https://cafod.org.uk/>

This term Y5 have focused on developing our love of reading through our reading for pleasure sessions. We have also enjoyed learning about the life cycles of plants and were amazed to find the different parts of daffodils, including the seeds (hopefully we can use these to grow some more). We have been busy geographers this term and have been learning the many skills geographers use to discover the world around them. We have been busy delving into our legend story and next week we will be writing our own legends.



Class 4 have had a fantastic Spring 2 term!

They have worked incredibly hard in maths, tackling the challenges of fractions with determination and perseverance—I'm so proud of their progress.

In English, we have written our own stories inspired by *Greta and the Giants* and added beautifully crafted books to our collection from last term, which was based on *Hansel and Gretel*. Our topic on natural resources has been a hit! The children researched economic minerals and created an engaging slideshow using Chromebooks. In science, we had lots of fun making string telephones to explore how vibrations create sound waves.

We've also had wonderful opportunities to engage with our local community. The children were a joy to take on the St Piran's Parade, where they sang and danced brilliantly. For the Spring Festival, they produced stunning fork and watercolour paintings of flowers.

An exciting highlight this term has been learning to play a brass instrument. We can't wait to share our progress with you at our performance on Thursday, 3rd April, in our classroom.

I am so incredibly proud of all that Class 4 has achieved!



CORNWALL & ISLES OF SCILLY LOCAL NATURE PARTNERSHIP

We can all help to protect our precious wildlife and environment by reporting activity that doesn't look 'quite right'...

ON LAND...

Water quality and flow

Polluted water?
Dead or distressed fish or wildlife? Waterbody covered in green algae?
Water where it shouldn't be (like on a road)?
River suddenly dropped or stopped?
You can help by reporting water quality and flow issues to the Environment Agency hotline: **0800 80 70 60**.



Suspicious felling or cutting of trees, woodland and hedges?

Help protect our precious trees, woodland and hedges by reporting your concerns:
Trees in towns
Report to Cornwall Council **0300 1234 151** or Council of the Isles of Scilly **01720 424450**.
Tree and woodland in the countryside
Call Forestry Commission **0300 067 4960**.
Hedgerow damage or removal
Report to Cornwall Council **0300 1234 202** or Council of the Isles of Scilly **01720 424450**.

Concerns about poaching or wildlife poisoning?

Wildlife crime
For incidents in progress (e.g. poaching, bat roost or badger sett disturbance, bird of prey crime) call police **999**, otherwise call **101**.
Suspected poisoning of wildlife, pets or livestock
Call Wildlife Incident Investigation Scheme (WIS) on **0800 321 600** and report to police on **101**.
Illegal fishing (poaching)
Report to Environment Agency **0800 80 70 60**.

Is someone damaging land by camping, doing groundworks or tipping waste where they shouldn't? Is a protected site under threat?

Damage to Sites of Special Scientific Interest and National Nature Reserves
Call Natural England **0300 060 3900**.
Unauthorised site clearance, building work, groundworks including raising ground level
Call Cornwall Council **0300 1234 151** or Council of the Isles of Scilly **01720 424 450** (see QR code below).
Unauthorised waste tipping, fly-tipping
On Cornwall Council land, report online (see QR code below), or on Council of the Isles of Scilly land call **01720 424 450**. For active large-scale or hazardous waste activity, call police on **999** or report to Environment Agency hotline **0800 80 70 60**.
Environmental damage and illegal encampments
On Cornwall Council land, report online (see QR code below), or on Council of the Isles of Scilly land, call **01720 424 450**.

WE SHOULD ALL FOLLOW THE CORNWALL MARINE AND COASTAL WILDLIFE CODE

AT SEA...

Whether it's on the coast or out at sea, we can all act to safeguard our marine environment but we need to contact different people.

Disturbance of marine wildlife

Report live incidents to the Police **999** and to the Disturbance Hotline: **0345 201 2626**.

Live birds and marine animals in need of rescue

Call British Divers Marine Life Rescue: **01825 765 546**.

Fisheries management issues and illegal fishing activity

Close-in (under 6 nautical miles): Call Inshore Fisheries & Conservation Authority (Cornwall: **01872 324 284** or Isles of Scilly: **0300 1234 105**). Further out (6-12 nm) call MMO: **0208 026 9052**.

Environmental damage and pollution in the marine environment

Call **999** and ask for Coastguard or report to MMO Pollution Response: **0300 123 1032**.

Dead marine animals

Call Cornwall Wildlife Trusts Marine Strandings hotline: **0345 201 2626**.

SCAN ME





World Book Day 2025



We are now a cash free school!

If you wish to pay by cash for trips, dinner money, breakfast club or wraparound please contact the office for a Pay Point letter.

MENU CHANGE

Our new menu for Spring /Summer starts after Easter, please see below.

Please remember to book your child's meals on Parent Pay every day.

If a meal isn't booked the kitchen can only offer a baked potato.

SPRING/SUMMER 2025 MENU



WEEK 1

W/C: 21/04/2025, 12/05/2025, 02/06/2025, 23/06/2025, 14/07/2025,
04/08/2025, 25/08/2025, 15/09/2025, 06/10/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Veggie Meatballs in Tomato Sauce with Wholegrain Pasta 🌱 🍷	BBQ Chicken Served with Rainbow Rice 🍷	Roast Pork Served with Roast Potatoes and Gravy 🍷	Classic Beef Burger Served with Potato Wedges	Fish Fingers with Chips
	OR	OR	OR	OR	OR
	OPTION 2 Cheesy Bean Tortilla Toastie with Potato Wedges 🌱	Macaroni Cheese 🌱 🍷	Roast Quorn Served with Roast Potatoes and Gravy 🌱	Quorn Burger Served with Potato Wedges 🌱	Veggie Fingers Served with Chips 🌱 🍷
OPTION 3	OR	OR	OR	OR	
	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES	OPTION 4 Ham Wrap	Tuna and Sweetcorn Wrap	Cheese Wrap 🌱	Cream Cheese and Cucumber Wrap	Ham Wrap
	OR	OR	OR	OR	OR
OPTION 5	Cheese Baguette 🌱	Ham Baguette	Egg Mayo Baguette	Ham Baguette	Cheese Baguette 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Fruits of the Forest Jelly 🌱	Chocolate Brownie 🌱	Banoffee Pie	Ginger Biscuit Served with Fruit 🌱 🍷	Strawberry Ice Cream



BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱 🍷



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water



Chartwells
Schools

🌱 Vegetarian

🌱 Vegan

🐟 Oily Fish

🌾 Wholegrain

🍏 Fruity!

🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

SPRING/SUMMER 2025 MENU

WEEK 2

W/C: 28/04/2025, 19/05/2025, 09/06/2025, 30/06/2025, 21/07/2025,
11/08/2025, 01/09/2025, 22/09/2025, 13/10/2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT DISHES	OPTION 1 Macaroni Cheese 🌱 🍷	BBQ Chicken Pizza Served with Potato Wedges OR Meatless Feast Cheesy Pizza Served with Potato Wedges 🌱	Roast Beef Served with Roast Potatoes and Gravy 🍷	Beef Bolognese Served with Wholewheat Pasta 🍷	Battered Pollock with Chips OR Veggie Fingers Served with Chips 🌱 🍷			
	OR					Veggie Meatballs in Tomato Sauce with Wholegrain Pasta 🌱 🍷 🍷	OR	Tex Mex Vegetable Fajita Wrap 🌱 🍷 🍷
	OR					Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	OR	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD								
DELI DISHES	OPTION 4 Ham Baguette OR Cheese Wrap 🌱	Tuna and Sweetcorn Wrap OR Ham Baguette	Cheese Wrap 🌱 OR Egg Mayo Baguette	Cream Cheese and Cucumber Wrap OR Ham Baguette	Ham Wrap OR Cheese Baguette 🌱			
	DELI DISHES ARE SERVED WITH MIXED SALAD							
DESSERT	Strawberry Jelly 🌱	Carrot, Orange and Sultana Slice 🌱	Flapjack 🌱 🍷	Lemon Emerald Cake	Chocolate Ice Cream			

BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱 🍷

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍷 Wholegrain 🍷 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_21_202504

SPRING/SUMMER 2025 MENU

WEEK 3

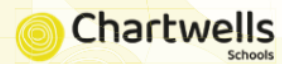
W/C: 05/05/2025, 26/05/2025, 16/06/2025, 07/07/2025, 28/07/2025,
18/08/2025, 08/09/2025, 29/09/2025, 20/10/2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
HOT DISHES	OPTION 1 Cheese and Tomato Pizza Served with Garlic and Herb Bread 🍷 🍷	Sausage Hot Dog Served with Potato Wedges OR Veggie Sausage Hot Dog Served with Potato Wedges 🌱	Roast Gammon Served with Mashed Potato and Gravy 🍷	Oat Crusted Chicken Served with Wholegrain Rice 🍷	Fish Fingers Served with Chips 🍷 OR Quorn Dippers Served with Chips 🌱 🍷			
	OR					Veggie Supreme Pizza Served with Garlic and Herb Bread 🌱 🍷 🍷	OR	Meatless Shepherd's Pie Served with Gravy 🌱 🍷 🍷
	OR					Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷	OR	Tomato Pasta Fresh, Homemade Tomato Sauce with Penne Pasta 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD								
DELI DISHES	OPTION 4 Ham Wrap OR Cheese Baguette 🌱	Tuna and Sweetcorn Wrap OR Ham Baguette	Cheese Wrap 🌱 OR Egg Mayo Baguette	Cream Cheese and Cucumber Wrap OR Ham Baguette	Ham Wrap OR Cheese Baguette 🌱			
	DELI DISHES ARE SERVED WITH MIXED SALAD							
DESSERT	Flapjack 🌱 🍷	Orange Glazed Sticky Sponge Pudding 🌱	Lemon Cookie Served with Fruit 🌱 🍷	Crunchy Chocolate Mousse	Vanilla Ice Cream			

BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱 🍷

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍷 Wholegrain 🍷 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_21_202504

VIA FERRATA Launched by **Adventure**

EPIC ADVENTURE DAYS OUT!

"So much more than just an adrenaline rush..."
Near Falmouth

Fear CONQUERED

- *Via Ferrata - the ultimate high wire adventure with zip wire - 10% OFF FOR LOCALS!
- *Zip Wire Safari - multiple zip wire rides across our historic quarry! - 10% OFF FOR LOCALS!
- *Free parking, The Cornish Barista's Cafe, nature trails & wild play for under 10's.
- *Climbing, Coasteering, Archery, Watersports, Birthdays, Teambuilding.

Book online viaferratacornwall.co.uk

NHS Cornwall Partnership NHS Foundation Trust

Open to parents/carers and their primary school aged children in Cornwall

Don't forget to sign up to the Mental Health Support Team free Wild Wellbeing sessions being held over the Easter holidays at various locations

To request a place, please complete the online form via the link below or use the QR code attached
<https://forms.office.com/e/1cVmDjXF5E>

FALMOUTH LIBRARY

TUESDAY 8TH APRIL
2—3.30 P.M

ZINE MAKING

Use drawings and collage to create your own zine or comic.
Drop-in session no need to book.
We will have some basic resources but feel free to bring along things you'd like to include.

Falmouth Library, The Moor, Falmouth, Cornwall, TR11 3QA
Tel: 0300 1234111 or 01326 318608
E-Mail: falmouth.library@iscornwall.org.uk / Web: www.cornwall.gov.uk/library

[f](#) Falmouth Library [@Falmouthlibrary](#)

EXPRESS FLOW

Children's Lyrical Dance Classes

Tuesdays 5:00-5:45pm Taught by Lucy
£6 per class

These fun but focused technique & performance classes are for dancers who like precision, rhythm and a chance to show their personal style & expression.

Pendennis Community Centre (previously Steps & Castles)
Castle Drive Falmouth T81 4UG
Telephone: 01326 653249
pcc.pendennisleisure.org
<https://bookaby.me/pendenniscommunity-centre/whats-on>

3-DAY SPORTS CAMPS!

BOYS & GIRLS | AGES 5 - 9

9AM - 12PM
1 DAY - £20 | 2 DAYS - £35 | 3 DAYS - £50

1 APRIL 07 | 08 | 09
TRURO RFC

2 APRIL 16 | 17 | 18
FALMOUTH RFC

WHAT IS INVOLVED?

- FUN MULTI-SPORT ACTIVITIES
- RUNNING AND EVASION!
- PASSING AND CATCHING!
- TEAM WORK AND COMMUNICATION!

PARENTS WELCOME TO STAY & WATCH!

EMAIL TO SECURE YOUR SPACE!
RIGHTONRUGBYCOACHING@GMAIL.COM

FALMOUTH GOLF CLUB 1834

FALMOUTH GOLF CLUB JUNIORS OPEN DEVELOPMENT SESSIONS

CLUBS PROVIDED IF REQUIRED

Our successful junior section is providing new opportunities for young children to experience the wonderful game of Golf. No experience is necessary when signing up to these block sessions. Players will be placed into appropriate levels within our structure. Places are allocated on a first come first serve basis.

GIRLS GOLF ROCKS £40 for 5 Sessions
5 Week Coaching Course
Tuesday's 5:15 to 6:15 PM
Starting March 18th, 25th
April 1st, 8th & 22nd. £40

Player Details

Name Age DOB

Address

Email Mobile

Medical Conditions

I certify that the named child is in good health and is able to participate in all activities. If any attention is required for injury or illness I give permission to a staff member for such care.

Parent / Guardian Signature

To register your interest please email this form to our Junior Organiser Mick Fox with the requested details. On acceptance you will be provided with the paying details to confirm your child's place on the sessions. Please email Mick on - stormyday100@yahoo.co.uk

GET INTO GOLF ROCKS | FALMOUTH GOLF CLUB 1834 | ENGLAND GOLF | RESPECT IN GOLF | FALMOUTH GOLF CLUB 1834 | GIRLS GOLF ROCKS

ALFA BUILDING TRUST | **Community CHIEFS**

TRAIN LIKE A CHIEF THIS APRIL

9:30 - 15:00 | £32.50 PER DAY | AGES 6-13

TUE 8 APR PENRYN RUGBY CLUB *GIRLS ONLY	MON 14 APR KINGSBRIDGE TRAINING PITCHES
WEB 9 APR BRIXHAM RUGBY CLUB	TUE 15 APR SHERBORNE RUGBY CLUB
THU 10 APR SANDY PARK	WED 16 APR TOTNES RFC *SEPARATE GIRLS & BOYS CAMPS
FRI 11 APR WIVELISCOMBE RUGBY CLUB	THU 17 APR EXMOUTH RFC 50% OFF - SPONSORED BY SIKA

CAMPS.EXETERCHIEFS.CO.UK
GROUP BOOKING - 5 SPACES FOR THE PRICE OF 4
*Only Available For Individual Camps

CHILDREN'S DANCE CLASSES

Pendennis Community Centre

WEDNESDAYS
4:00-4:45 pm - Ballet & Tap - age 4-7
4:50-5:35pm - Musical Theatre & Tap - age 4-7
£6 per class (Half termly blocks- £36)

Taught by Kathryn, a qualified RAD Ballet teacher and ISTD Tap and Modern teacher with a Trinity Diploma in Musical Theatre

Telephone: 01326 653249
pcc.pendennisleisure.org
<https://bookaby.me/pendenniscommunity-centre/whats-on>

ROALD DAHL'S CHARLIE AND THE CHOCOLATE FACTORY WORKSHOP

with **David Birch**
star of the original West End cast of Charlie and the Chocolate Factory

Tuesday 15th April 2025
Truro School Prep

Juniors (ages 5-11) - 9am to 12pm
Seniors (ages 12-18) - 1pm to 4pm

Free demonstration for families at the end of each workshop
£30 per child
Singing, Dancing and Acting!

To book your place, email tolley.angell@yahoo.co.uk